

INVESTIGACIÓN/RESEARCH

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NOT BY BREAD ALONE DOES MAN LIVE

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ABSTRACT

In the fourth pillar of education: learning to be, it is written that: [...] "Education must contribute to the overall development of every person: body and mind, intelligence, sensitivity, aesthetic sense, personal responsibility, spirituality. "All human beings should [...] be provided with an independent and critical thinking and develop their own views, to determine for themselves what to do in different circumstances of life." (Delors, 1994). Alexander (2013: 115, 120), author of the book: *The taste of heaven*, wrote that [...] "the fact to make good decisions against evil and injustice on Earth would be less meaningful if we remembered all the beauty and light that awaits us when we leave here." [...] we should do everything in our power to get in touch with the miraculous part of ourselves, to cultivate and bring it to light. Because it is a being within ourselves right now and, in fact, it is the being that God expects us to be. "Meanwhile, Torralba (2010: 51) from his religious point of view, wrote that it [...] is a manifestation, a development of spiritual intelligence [...] that are the subject of faithit gives meaning to human life and it allows us to understand the great moments of existence: events such as birth, death, love and suffering" in the UV the students are formed in four aspects, one of them is human formation understood from the dimensions: emotional, spiritual and body.

KEYWORDS

Training teachers integrally spirituality - God faith spiritual intelligence miracles.

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NO SOLO DE PAN VIVE EL HOMBRE

RESUMEN

En el cuarto pilar de la educación: aprender a ser, está escrito que: [...] "la educación debe contribuir al desarrollo global de cada persona: cuerpo y mente, inteligencia, sensibilidad, sentido estético, responsabilidad individual, espiritualidad. "Todos los seres humanos deben [...] dotarse de un pensamiento autónomo y crítico y de elaborar un juicio propio, para determinar por sí mismos qué deben hacer en las diferentes circunstancias de la vida". (Delors, 1994). Alexander (2013: 115, 120), autor del libro: *La prueba del cielo*, escribió que [...] "el hecho de tomar decisiones correctas frente al mal y la injusticia en la Tierra sería menos significativo si recordáramos toda la belleza y la luz de lo que nos espera cuando salgamos de aquí." [...] todos deberíamos hacer cuanto esté en nuestra mano por ponernos en contacto con esa parte milagrosa de nosotros mismos, a fin de cultivarla y sacarla a la luz. Porque es un ser que está adentro de nosotros mismos ahora mismo y, de hecho, es el ser que Dios espera que seamos". Por su parte, Torralba (2010:51) desde el punto de vista religioso, escribió que ésta [...] es una manifestación, un desarrollo de la inteligencia espiritual [...] que son objeto de fe...da sentido a la vida humana y permite comprender los grandes momentos de la existencia: eventos como el nacimiento, la muerte, el amor y el sufrimiento." En la UV se forma al estudiante en cuatro aspectos, uno de ellos es la formación humana entendida desde las dimensiones: emocional, espiritual y corporal.

PALABRAS CLAVE

Formación integral- espiritualidad- maestros - Dios- fe- inteligencia espiritual- milagros- .

1. INTRODUCTION

In the fourth pillar of education: learning to be, it is written that: [...] "Education should contribute to the overall development of each person: body, mind, intelligence, sensitivity, aesthetic sense, personal responsibility, spirituality. Provide [...] an autonomous and critical thinking and develop their own views, to determine for themselves what to do in different circumstances of life." (Delors, 1994). He questioned, do teachers of the Faculty of Education have spiritual beliefs that allow them to orient students about the circumstances of life?

2. METHODOLOGY

Qualitative approach. Type of research: Qualitative case study, Technique: depth interview. Sample case - type: composed of 10 professors from the Faculty of Education - Veracruz of the Universidad Veracruzana. Technique for gathering information: depth interview. Technique for information processing: content analysis.

3. ANALYSIS AND DISCUSSION

In the biblical passage: Temptation of Jesus, it is written that Jesus was led by the devil into the wilderness to tempt him to his need to eat, Jesus answered and said, "It is written: Not by bread alone does man live, but by every word that comes out of the mouth of God." (De Reina, 1991, 820). Every human being has the need to work to have the support of: food, water, clothing, footwear; and a house to protect it from the weather, in it ... a home where his loved ones are: husband/wife and children. Paid work, allows to acquire the material needs, but the man, being tripartite: spirit, soul and body (De Queen, 1991.1051) has the need of having: peace, faith, hope, comfort, miracles in his life, these last needs, are not sold and therefore cannot be bought. How are they acquired? The following results presented by categories give evidence of the acquisition that ten professors from the Faculty of Pedagogy, Veracruz University of Veracruz had.

And it shall be called....

The first spiritual acquisition, in the case of some teachers, was granted by parents or some relatives, when naming the son or daughter. From the dates of birth of these teachers, the allocation was in line to saints corresponding to the date of birth recorded in the Old Galván Calendar. In other cases by Mexican culture, fashion or beliefs. The following names are evidence of these cases: At the time I was born was common prefix to any name to "Mary." Esther being a biblical name of a great woman. ". "It was my mother who chose my name, since she heard it she liked it, besides saying that the person whose name was Esther, from which she took her name, was very good, now I know that Esther means star." "My parents tell me that I was named Gloria, because I was born on Holy Saturday and Elena for the name of my paternal grandmother." My name "Naomi" was assigned to me by my paternal grandmother. She was a Christian and took it from the book of Ruth. My name means pleasant, joyous. So I've been up to today.

Thanks to God

Why do teachers have thanked God? The Directorate General for Religious Associations (2015) reports that in Mexico there are 8, 314 religious associations, of which, 8,278 are Christian associations. In some of the latter, teachers founded the bases of their spiritual beliefs. So, the knowledge we have is present: "In everything give thanks, for this is God's will for you in Christ Jesus" (De Queen, 1991, 1051). These are some of the jokes reported by them.

For everything you have.

Gratitude? ... Many, including the Gift of Life, health, having a family: a good husband, the health of my grandchildren, my children, my daughter in law, my job, the desire to live, to have projects, my Catholic Faith. The joy of having my mommy, my brothers, my college career. The unconditional love God has for me, his divine protection from an early age. He is always with me, everywhere, anytime, the Talents or Gifts he has given me to grow professionally, personally and spiritually, etc. Also I have to thank the difficulties, trials and suffering that has allowed me to live through my life because it means that to follow him, I have to bear my cross with love. This has not been easy, but as expressed by Saulo de Tarso (Saint Paul) - All I can do in that which strengthen me. (Interview 2)

In all it has been my strength, the guide of my life, my help in my tribulations, my source of wisdom that I go when I have not a clear situation and He has always been faithful. ... He has as given me life, who has filled my existence with blessings, everything that I have are not on my merit, but that he has given me the ability to achieve them, he has given me more than I deserve, everything belongs to Him and he has given me many gifts for me to make good use of them. (Interview 6)

In every moment of my life I thank God for a new day, for love, for health, for my work, for being by my side in good times, but especially in the most difficult and sad moments. I feel I have been blessed in abundance and the unpleasant episodes do not compare with the blessings received in all aspects of my life. In every way, the opportunity to live, give me my parents, my children, my grandchildren, labor, professional, social, economic, health, friends, spiritual and everything that you can add. (Interview 1)

... The polio that I had as a baby prevented me from walking, but thanks God and my parents I could get to walk after more than sixteen surgeries ... Father God blessed me with a beautiful family, a husband, He gave me the wonderful gift of being a mother of two beautiful children and have a beautiful home; He has given me the privilege of having a stable job, to be his instrument to help many people ... but the most valuable and wonderful gift is having known Him through His Word (Interview 3)

I consider that in everything from the moment He chose me to be part of this life, at every moment of my existence, in giving me exemplary parents, caring and supportive brothers, my beloved nephews, friends and colleagues. He gave me light on the road on two occasions when I felt lost and stuck on an inaccessible route. He accompanies me on all my travels, it has opened doors when other persons close them to me. During a surgery, when I entered the theater, I left it to His will and gave my confidence to him. (Interview 4)

By food.

I'll tell you why I am grateful to God. Gratitude is in many areas. Because he is in every aspect of my life: an event that could be trivial, but it is not for me, is the following: When my oldest son was about four months, I did not work and my husband and I had no money, !in my life I had not had this experience! It turns out that some time ago, a teacher in a private school, asked me to sign a certificate as it had to be a person with a title. Just when we had financial need, we were in the street and she gave me as payment for these signatures \$ 200.00. I had not expected anything, but at the time, were very good to me. I was very happy because he had to buy food: milk and bread and the need resolved. God is in every situation in my life, He is everything. (Interview 1)

For the health.

For me, I got sick of the kidneys had kidney stones.... I had even scheduled an operation, but thanks to God they did not operate me, with some remedies, I ejected those stones. (Interview 9)

God healed my eyes. For many years I suffered from chronic blepharitis. For long periods my eyes were red and something like scales. I once heard that those who had an illness passed in front of the altar, I went, they laid their hands on me, they prayed asking God for my healing and since then, I am healthy. (Interview 5)

For my recovery from my first Caesarea (they left a piece of placenta), I was very seriously ill. (Interview 2)

By miracles

Being in a campaign of miracles in the Federal District, I heard the preacher said God would do a miracle to three people with back problems. I saw two people go in front, they made the call that there was another person. I asked myself: am I? Years ago I had pain in the spine and I used a heel to rise, in cold weather it hurt my spine and I slept on the floor in fetal position. I passed, I was told I removed my shoes and spread my legs, it was wonderful! I saw how my leg is stretched to the size of the other. No more backache. (Interview 5)

I am a twin, but my sister died when 8 months old, a time when both were sick from a polio epidemic that was there in my hometown, it was rainy weather and my town was completely isolated, like an island. The river grew so much that it entered the house, there was no way to get to the doctor. Because of the polio sequel I could not march or go to a dance. I had many surgeries to get to walk with heavy braces. What was the miracle? Over the years, the miracle was to get married as God says, to get pregnant and having two children. (Interview 3)

The emotional and physical recovery of my husband when Father ... laid his hands on him and prayed for him. My husband suffered a fall at work and his spine was injured, so he was unable to walk and almost paralyzed for nearly 3 years. (Interview 2)

For the miraculous recovery of my first child. This happened when after several months of fighting for his health, visiting several pediatricians, spending all our wages, unable to sleep, finally I knelt in my house, it was about 2 pm and said "Mary, you who are the Mother of Jesus and know how a child is loved, and I cannot do anymore. Take my son under your care and intercede before my Lord Jesus so His will be done. "I cried a lot because I thought that my son would not improve. For the Glory of God, that same afternoon, around 4, my baby started to improve and from that moment to date has been very healthy ... To God and God alone Honor and Glory, my eternal gratitude. (Interview 2)

Another. In 2002 my husband and I had a very big accident on the day of our wedding anniversary ... a car hit us while waiting for the traffic light to continue; despite having a seat belt, I was projected onto the dashboard, breaking the windshield with his head, to provoke three cervical hernias with which I had to learn to live. While being admitted both of us in the hospital ... about 7 in the morning, a doctor came to examine us, my husband and me. Our children were two boys that were with us. My youngest son was taking care of my husband and the elder son was with me. At this time I had a revelation (I am not sure if you can call it so). In my mind a word appeared as if someone were dictating to me. I asked my son to write what I was going to say, he took a recipe I had in my bag and wrote what I said. The words are: "Two of you are of the lineage of David and will react according to the power of the Almighty". These phrases I still have them written in the recipe. I do not know what they mean, but with no doubt is something beautiful. I have other passages in my life that God has given me (Interview 2)

God has given me immediate answers to some prayers I've done in a surprising way. (Interview 6)

For peace received.

I lost my first baby by toxoplasmosis. My husband and I were very sad and distressed. The doctor prescribed a medicine for the virus, but there were none in the city of Veracruz, and in other cities, and with doctors. And we both prayed and I felt a great inner peace and the certainty that God was leading this battle. He gave me a word, giving me the security that He would have me. When traveling to Xalapa to get the drug, on the outskirts of Cardel we saw a pharmacy in a very humble home, my husband doubted very much to find the medicine there, finally, he got to ask if they had the drug and what was our surprise! If there was one! Also it came out with all the necessary medication for the treatment of several months. When he asked why it was not sold in other pharmacies, they replied that it was very cheap, one peso the pill box. (Interview 3)

For academic achievement

With infinite gratitude to Heavenly Father for your existence and fidelity. Thanks beloved, blessed God. (Dedication in the master's thesis of the respondent 3)

To you Lord! For giving me the opportunity to be alive. For allowing a personal questioning, to think myself with a mission in this world. For having the possibility of redirecting the path, of channeling the river, to correct mistakes and walk through life with a new horizon. For giving me what others have not, for valuing who I am and what I have, because despite not deserving you have always been there by my side in difficult times, in the dark nights, in the severe storms, have seen the light of the lighthouse that shines and it was you. I deeply appreciate your presence beside me, to let me enjoy this fantastic world created by your hands as expressed by David: Oh Lord, our God how great is your name in all the earth! And your glory above the heavens." Psalm 8:1. Thanks for the wish to live, for making me feel an instrument of your greatness. (Dedication in the master's thesis of the interviewee 10)

To the Almighty and lofty One who inhabits eternity. (Dedication in the master's thesis of the interviewee)

I acknowledge that He created man and woman and joined them to form a family, he gave rules for coexistence and wants us to live in peace. He is, which builds homes. (Dedication in the doctoral thesis of the interviewee 5)

Belief

The results of this category are presented from the perspective of the definition presented by Wikipedia: Religious beliefs are ideas deemed true for those who profess a particular religion.

The representation that I have of who is God is, as an infinitely merciful Father, who loves us with an indescribable love, which is on the lookout for me. Of my family, which is firm in their discipline for the sake of their children, trust in the work we are. Indescribably mercy to forgive as many times we spoil it. The wisdom that puts on us to make decisions. The protection he gives us even when we do not realize it. Wonderfully splendid because every time I've asked in prayer whatever!, including material goods, he has given them to me. I feel from Him the protection, understanding and love that fills everything. (Interview 3)

... I was not aware of the existence of a God, theoretically did not know the Scripture, I knew how to pray and I knew, in my ignorance, bless it!, I always firmly believed in the existence of someone named God who was abstract for me, the baby Jesus, the Holy Kings and the mother of God, have always been and are present in my life, and I believe that the fact that I had very definite my goal: to want to study to become

better, reading, working to obey, be clean, honest, disciplined, honored, then under those parameters, ... (Interview 2)

I have learned to entrust my plans to God as His Word says: Entrust your way to God, trust him and he will do. When I have to make decisions, if I should do this or that, I always ask God to signal whether it is His will or not. (Interview 5)

My son was about four months, I did not work and my husband and I had no money, in my life I had not had this experience. It turns out that some time ago, a teacher in a private school, asked me to sign a certificate as it had to be a person with a title. Just when we had financial need, we were in the street and she gave me as payment for these signatures \$ 200.00. I had not expected anything, but at the time, were very good to me. I was very happy because he had to buy food: milk and bread and the need resolved. God is in every situation in my life, He is everything. (Interview 1)

In situations of mourning for my father, I felt the touch of God in my head, a flower that opened at its best and very beautiful, that I placed in front of the picture of my father two months after he left. (Interview 4)

God in His infinite goodness has allowed me to love Him and seek Him through prayer. He is my oxygen, my strength, my hope, my creator, my light, my God, my Lord, my Beloved, my all. I adore the Blessed Sacrament, I pray my Rosary to Mary, to the Precious Blood of Jesus Christ, to the Holy wounds of Jesus, when work allows me, I attend the Holy Eucharist during the week and of course Sunday is the Day the Lord. (Interview 2)

After being baptized by the Holy Spirit, I have noticed that I am certain that God puts in my word to help the patient in psychotherapy. (Interview 3)

In situations of illness tell my mentees who have faith, who are entrusted to God and ask Him for their families, faith moves mountains; to care for them and to pray a lot for them. Take this product that for having faith they will recover" (Interview 8)

I try every day to read the Word of God, usually I read in an average of five chapters. I always find: advice, hope to keep going, comfort; I find words that I wish to be embedded in my heart, I make them my own and they become a reality, it is to believe, to have faith. (Interview 5)

... I try to be very responsible in situations that I have in everyday life. The respect for others, the respect mostly for me as long as I respect myself and respect others is something that I try to take care of a lot, to not attack, because there is a law that I learned very well, it is the law of cause and effect, if I do something to somebody in front of me, after a while I will pay, then I try not to create complications for anyone, and other values such as honesty, I try to be enthusiastic as a value, not carried away by pessimism and believe and respect God . (Interview 7)

... We saw, in the case of my father, who went to the house of my grandmother and gave her money, at that time, five pesos a day, this amount in the decade of the 60; and he said, "Take this morsel to your grandmother," ... with this action, not with words taught us to honor our parents. When my parents aged; between brothers we agreed and we made a fortnightly financial contribution, not because they asked or did not have the financial resources, no! , But because we knew that this action was the will of God, and that action became blessings for us by God, and yes we have had blessings because what we lived in the home, we carried to ours, thank God we all live in peace, each with his or her spouse and their children. (Interview 5)

I make my daily devotional, I practice the prayer, I participate in Bible challenges, at this time I participate in a challenge of reading the entire Bible in 2 months, as well as memorization of texts, I attend a church where I congregate and participate with my husband and children. (Interview 6)

... a goal was to work within the area and work and earn an income that would allow me to live more or less stable, one of my goals was to have my house now and I have it, there's your house and I succeeded through hard work, work, savings, etc., then those were my goals, and right now I'm in a quieter environment, another goal is to finish the master's degree, I need some time, but sometimes I see the steps far and longer, they get together with work and other activities, but it is something to say "if I will achieve or God will, if I'm going to do," and over there a very special, very personal goal I hope in life to achieve if God allows, and hope is given. (Interview 4)

I tend to wake up and say, "Blessed be God and Father of our Lord Jesus Christ who blessed us, with every blessing in the heavenly places. With this I remember that God has blessed us and the day we start: my husband, children, grandchildren and I, we initiate it blessed by God. I pray covering with the blood of Jesus Christ every one of my loved ones. I read a psalm for my son to listen, while he brushes his teeth. In the travel to the Faculty - 30 minutes- I pray, I repeat aloud Psalms 91, 34, 121 and 125 and I ask God to save us all as the apple of his eyes. (Interview 5)

Daily I listen to Bible teachings ... I think it's not enough. When I move to work, I hear songs of praise and worship to God. Once a week I directed biblical teaching groups for women and a monthly conference where I offered psychological content based on the Word of God. At night we prayed as a family. In my professional practice as a therapist, I am accustomed to suggest before passing to the next session, to do certain activities ranging from writing a reflection, reading a chapter in a book or a film related with the problems of the patient and for those who profess a faith, to pray. In the case of patients the progress of psychotherapy was significantly higher for their wellbeing for them when they commit to prayer (Interview 3)

... Much of my life, eight years were of retreat in the church, then the church to one, because all you have to do this to go, reading the Bible, the preaching, then this it also helped me a little to gaining trust, the fact of standing in front of people, right?, to the parishioners who read the Bible and have to explain a bit what the passages of the Bible meant, well, all that gave me a lot of security, and after college entrance it served more to this, I was getting a greater confidence when facing an audience. (Interview 10)

I always felt drawn to the mystery of God. When I married, my husband and I walked into a group of Marriage Encounters, we attended with some frequency to Eucharistic Congresses of Charismatic Renewal, to spiritual retreats. Later we entered the Christian Family Movement. Here we coordinated marriages, talks to boy and girlfriends about to get married. I took a course of liberating evangelization and I had the opportunity to participate in the communities of love where we conducted community prayers at regular intervals. (Interview 2)

Spiritual experiences

What is described next identifies what: "The greatest physicists and biologists of our time identified in humans a spiritual sense, a form of knowledge and levels of experience that cannot be explained." (Torralba, 2010, 14)

Something that marked my life was having my first child, it was something wonderful; I have him in my arms and breastfeed him, until then, I thought that it was the best I had lived, but no; the maximum has been to be baptized by the Holy Spirit, the most beautiful in my life; I felt the presence of God! I felt, something that cannot be explained, I felt joy, I drained tears, but of joy; feeling God's presence. Was prayed in Spanish and suddenly, my tongue stuck; I could not pray in Spanish and began to pray in other languages, it was wonderful! (Interview 5)

The first experience was when I went to a prayer group - I was invited by a teacher - we kneeled and prayed ... I just had the experience of praying up to 10 minutes, when I finished praying and saw the clock, I had spent 1 hour, 20 minutes praying; and in that hour and 20 minutes it was surprising because I was squatting, and I started singing a song that was not on my mind, the letter was not of a familiar song, the timbre, rhythm neither, it was not a copy of another melody, and it sprang from here (she puts her hand on her belly), of my center, of my being, from here from the stomach, is what is written in the Bible, a new song, a name given by the Spirit, it was very nice and yes, I think so, supernatural, because I was very shy, it was not possible for me to sing by choice, with people I did not know much less squatted, no, it was not possible!, was something supernatural; another experience that marked my life was when with that little group of prayer we traveled to Monterrey, a congregation of his own association and as I am aware we were not told that when this song was intoned, everyone would pray in tongue, right?.

They said nothing, they projected the words of the songs on a wall. We started singing, suddenlyZunnnnn (moves the arms moving her), we all were praying in other tongues! ... my tears slid, my whole being vibrated. With my hands up, I trembled feeling the presence of God, it was something that impacted my life, and I was very shocked to feel the presence of God. (Interview 5)

On one occasion, I felt the presence of a person who guided me on a path where I did not find the place I wanted and on another occasion he helped me out of a dirt road where my car got stuck, the person riding a horse from afar gave me directions on how to move the steering wheel to leave, after I left, I turned my eyes back and there was no one. "(Interview 4)

Doctrinal basis

In this category it was found that the ten teachers had in common as the doctrinal basis the Bible, considered by them as the Word of God.

Base ... God the Father, Son and Holy Spirit, God is powerful and we have as intercessor His Son Jesus Christ, that the Holy Spirit gives us awareness of what we do, my training has been a Baptist for over 30 years. (Interview 6)

The doctrinal basis are: the Trinity: God the Father, God the Son and the Holy Spirit; the gospel of the Lord Jesus Christ; baptism with water as a sign of repentance, baptism by the Holy Spirit as a signal that flows one or more gifts bestowed by the Holy Spirit, divine healing, praying in other tongues, miracles, prophecy, words of science, word of wisdom, faith. Baptism by fire, the resurrection of the dead, the rapture of the church, the great tribulation, the judgment of God, the millennium and the marriage of the Lamb. (Interview 5)

Love God above all things, to love your neighbor as myself, to honor my parents, to respect my elders, to serve others with love, respect and professionalism, to have faith and trust in God. (Interview 4)

Physical evidence of beliefs

1. Looking at the cubicles of some ten teachers interviewed, evidence of their spiritual beliefs are as they have: pictures with a prayer or Bible text. Calendar with biblical messages, picture with images alluding to biblical passages. Items such as cups with biblical message and the Bible.

4. CONCLUSIONS

For the identified categories of interviews with ten teachers we can conclude:

Personal name assigned by culture, tastes and beliefs of the families of the children.

Thanks given to God, it is carried out by the biblical knowledge of giving thanks for everything that is received.

From reported beliefs, they coincide with the description that Barrientos (2013, 7) presents with respect to "believe" that is, "... the desire to enter into a new dimension with the Holy Spirit in a process of inner freedom, prosperity of the soul and physical healing. A place where the impossible and discouragement are rejected. "

According to Tierno (2013.33), If we act, think and feel about a set of beliefs and moral standards that we consider "good" and shared by the vast majority of people around us, we feel satisfied, and stress and anxiety, sadness and guilt come down to almost nothing. We live properly and we will feel the bliss to exist in a consistent manner.

Beliefs show that the ten teachers are not spiritually blind because their beliefs are not consistent with the finding of ... our blindness to anything other than the exponential progress in science and technology has left many of us empty in the realm of meaning and joy, not knowing how they fit into our lives in the great tapestry of existence for all eternity. (Alexander, 2013, 204)

With regard to spiritual experiences, Torralba (2010, 176) says about it: Both inside and outside, humans can find traces of something above him and everything else, and from he and all others depend. The question of that Being, the search for the ultimate sense belongs to the essence of man. Spirituality is precisely this search ... Robert Emmons (cited by Torralba, 2010, 47) would say that the experiences of teachers, due to the development of their spiritual intelligence as he defines it as "that capacity encompassing transcendence of man, sense of the sacred and virtuous behavior. ... Conceived as the adaptive use we make of spiritual information to facilitate everyday life, solve everyday problems and achieve the realization of our goals.

Moreover, these experiences relate to what is written in the book of Acts 2:4 "And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance."

The stories of teachers show what the neurosurgeon Eben Alexander (2013: 215) describes in his book: The proof of heaven. "Communicating with God is the most extraordinary experience you can think of, but at the same time is the most natural thing in the world because God is present in all of us at all times. Omniscient, omnipotent, personal ... and source of unconditional love. We are all connected as one through our divine connection with God. "

With regard to the belief of praying, Tierno (2011.28) says: Prayer satisfies us, completes us, because it really fills us with, of a non-rational, intuitive

understanding, and you need the assistance of the faith, but it has wonderful consequences: fulfillment, peace, tranquility ...

Teachers have experiences to share with students about what they should do under the circumstances of life.

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